

# Independent Study Athletics Activity Log

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Season: \_\_\_\_\_ Year: \_\_\_\_\_

DATE	LOCATION	ACTIVITY	TIME	TOTAL HOURS
		WEEKS TOTAL HOURS _____		
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Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Date: \_\_\_\_\_