



Manhattan Beach Unified School District

325 South Peck Avenue • Manhattan Beach • California 90266 • (310) 318-7345 • FAX (310) 303-3822

CONSENT FOR THE CALIFORNIA HEALTHY KIDS SURVEY 2021-2022 SCHOOL YEAR

Dear Parent or Guardian,

Your fifth grade child is being asked to be a part of our school's Healthy Kids Survey sponsored by the California Department of Education. This important survey provides us with valuable information on our continual efforts to provide safe and drug-free, positive learning environments for MBUSD students. We value opportunities for meaningful student feedback and involvement. Research has shown that healthy students learn better. Developing schools that are drug-free, safe havens for positive youth development is central to our school's missions and ability to teach. Research studies and reviews over the past decade have consistently concluded that student health status and achievement are inextricably intertwined. *However, your child does not have to take the survey. Participation is voluntary and requires your permission.*

Survey Content. The survey gathers information on behaviors such as physical activity and nutritional habits; drug awareness; school safety; and environmental and individual strengths and assets. The Healthy Kids Survey, along with more detailed information, is available to view at our district's website at www.mbusd.org under the "Student Services Department" tab.

Administration. The survey will be administered this spring. It will take about 30 minutes to complete and will be administered by your child's regular fifth grade classroom teacher.

Participation is Voluntary and Anonymous. Your child does not have to take the survey. No names or any other identifying information is connected to the answers except for the name of the school. Students who agree to participate with parent or guardian permission only have to answer the questions they want to answer, and they may stop taking the survey at any time.

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in MBUSD during the 16+ years of survey administration. In rare instances, some questions might make students feel uncomfortable. As always, the school's staff and counseling services are available to further support students and families with any questions and needs.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution for the California Department of Education. If you have any questions about this survey, please call Christina Giguere, Director of Student Services, at (310) 318-7345, x5989 or visit the Healthy Kids Survey webpage on the district website.

CHKS Parent Consent Form

Please check below whether you grant permission, sign, and return this form to your child's fifth grade teacher within three days:

I *give permission* for my child to be in the Healthy Kids Survey.

I *do not give permission* for my child to be in the Healthy Kids Survey.

Signature: _____ Date: _____

My child's name is: _____ (Please Print)

THANK YOU FOR COMPLETING AND RETURNING THIS CONSENT FORM!